HARRY GWALA DISTRICT MARATHON

ENTRY FORM 2019







1st Prize for both Male and Female



Hosted by:

START: R612 Highflats

FINISH: Umzimkhulu College



KWAZULU-NATAL ATHLETICS

Starting Times

42.2km 06:30

21.1km 07:00

07:15 10km













Ubuhlebezwe Municipality

PERSONA	LINFO	RMATION									
ID Number				Date of Birth							
Surname				,	Year		Month		ay		
First Name				(Gender Male		le	Female		;	
E-Mail Address											
Cellphone no.											
Club			I	License Number							
RESIDENC	Υ				,			•			
South African		X		International				X			
If not South African-Indica			te Country								
	Passport Number										
	REGISTRATION VENUES										
UBUHLEBE			HARRY GWALA DISTRIC			T UMZIMKULU MUNICIPALITY			LITY		
	MUNICIPALITY		MUNICIPALITY								
T-Shirt Size	е		XS	S		M		L	XL		XXL
HISTORY											
Have you entered before?			Yes	1	No		Num	ber o	f races		
MEDICALI		MATION									
Do you have		Yes	No	Please	Please Specify						
any allergies?											
Special medical		Yes	No Please		Specify						
condition		Yes									
	Medical Aid					Num			mber		
	Emergency		Cell Numb		Full Name						
contact pe											
ENTRY FE					<u> </u>			1			
5 km Fun	R50.0		Councillors Se						Government Employees Only		
10km	R100		Nan	ne of Mui	<u>nicipali</u>	nicipality		N	Name of Government Department		ent Department
21.1km	R150				.11						
42.2KM	42.2km R200.00		Portfolio Held				Position Held				
Townseastinoness		Emp	Employee No.				Employee Tel.				
10km – R40	Temporary licenses:										
21.1km – R50			GENIUS								
Late entries from 01 March			ATHLETIC CLUB EST IN 2007								
will pay R20 more for each											
race category											
	Total										

DIRECT DEPOSIT

Runners may pay their entry fee by DIRECT DEPOSIT into a Capitec Bank and use your ID number as Reference HARRY GWALA DISTRICT MARATHON.

P.O. BOX 132 IXOPO

3276

Bank Details are:

BANK: Capitec BRANCH: Pavilion

ACCOUNT NUMBER: 1543764345

BRANCH CODE: 470010

Acc. Holder: Eventtiming (KH Bradfield @ 082 5564966)

Account Type: Savings

Please write your ID number on the slip and attach this to the entry form. WhatsApp your slip with your reference endorsed on it to: 061 5051416 or Fax to 086 6513492

RELEASE AND WAIVER

I am in good health, physically fit and have sufficiently trained to participate in this event. I agree to comply with the rules, conditions of entry and regulations for this event which includes the payment of the entry fee. I hereby release and discharge the organizer of the Harry Gwala District Marathon, all staff, consultants, sponsors, volunteer groups, medical personnel, any and all local authorities, from any loss or damage, however caused, arising from my participation in the event, including pre-race and post-race activities.

This waiver applies to my executors, heirs, administrators, assigns and myself. I grant permission to the organizers and sponsors, in terms of section 51 of the Electronic Communications Transactions Act 25 of 2002, to use my name, race information and any photographs, video tape, broadcast and/or telecast footage in which I may appear, for whatever use, at no charge.

SIGNATURE

RULES AND INFORMATION

This Race is run under the auspices and Rules of: KZNA, ASA and IAAF

REGISTRATION – DATES AND TIMES

Harry Gwala District Municipality Office 01 Nov '18 - 01 March 2019 (8h00-16h30) Ubuhlebezwe Municipality Offices

01 Nov '18 -01 March 2019 (8h00-16h30)

UMzimkhulu Municipality Offices

01 Nov '18 -01 March 2019 (8h00-16h30)

RESTRICTION ON ENTRY

The Harry Gwala District Marathon is restricted to licensed runners only. Temporary licenses will be available at registration for the 21.1km and 10 km races.

TEMP/LICENSE COST 10km - R40 21.1km R50

HOW TO ENTER Online entries @

https://www.eventtiming.info/harrygwala

Eventtiming:

The race will be timed by Eventtiming. Entrants will have a timing chip on their Harry Gwala District Marathon 2019 race number. There is no requirement to have/wear any other timing chip.

For more information please Email Eventtiming at Online@eventtiming.info or visit their website on www.eventtiming.info

RUNNING KIT, SPONSORSHIP AND ADVERTISING

Athletes with a permanent license number must wear ASA approved club colors or run in neutral colours. Athletes with a temporary license must run in neutral colours. Foreign athletes must comply with IAAF Rule 4.2 and 142 and ASA Rule 9.

Runners must familiarize themselves with and abide by the advertising rules as per the IAAF and ASA Rulebook. (IAAF Rule 143 and ASA Rule 23 & 24 As well as advertising regulations). These provisions apply for the duration of the race including warming up, all race ceremonies and official press conference.

Permanent Licensed athletes must wear license numbers, one on the front and one on the back of the upper body clothing (ASA Rule 25.4.8). The race number must be worn over the permanent license number on the front of the upper body clothing and be placed so that the ASA License sponsor and the ASA province/year remains visible above the race number (ASA Rule 26.1.6).

Temporary licensed athletes must wear the license number on the back of the upper body clothing with the race number on the front of the upper body clothing (ASA Rule 25.6.6).

SECONDING /PHYSICAL ASSISTANCE

The no mobile seconding rule will be very strictly enforced. No seconds may drive, cycle or run alongside any athlete on the route As there will be 17 well stocked Refreshment Tables. No seconds may travel on the route. No pacing will be permitted. Any transgression will lead to disqualification. Any athlete being found carried along the route and/or before the finish line will be liable for disqualification. (IAAF Rule

In compliance with IAAF Rule 144.3 (b) athletes are not allowed to be in possession or use video recorders,

radios. CD. radio transmitters. mobile phone or similar devices. Athletes MUST obey Race Referees, Traffic Officers, Marshals and Race Officials at all times. Foreign athletes must comply with IAAF Rule 4.2 and 142.

ACKNOWLEDGEMENT OF ENTRY

Entries will also be acknowledged to valid email addresses and/or SMS (a.s. per supplied on an entry form)

It is your personal responsibility to check your confirmation of entry. If any details are incorrect please contact the HARRY GWALA DISTRICT MARATHON so that your details can be accurately captured. You must produce this confirmation to collect your race number.

NUMBER COLLECTION

It is important to note the following when collecting your race number package:

- All runners MUST provide proof of identity in order to collect their race numbers (ID book, Passport or Driver's License)
- No race numbers will be issued on the race day.

AGE RESTRICTION

42.2Km - The minimum age required is 20yrs or older on the day of competition 10Km - The minimum age required is 14yrs or older on the day of competition 21,1km - The minimum age required is 16yrs or older on the day of competition

REGISTRATION VENUE R

NUMBER COLLECTION TIME

The venue is:

HARRY GWALA DISTRICT MUNICIPALITY OFFICE

TIME: 10h00 - 20h00 Date: 02 March 2018

If you are unable to collect your race number package, a third party can collect on your behalf provided they have a printed copy of Acknowledgement of Entry, as well as a letter of authorization from the entrant. The person collecting the race number package must have identification.

Runners may not claim their registration package after registration closes. These items will not be posted to you and no refunds will be processed.

SHUTTLE SERVICES

The Race will allow two parking areas with a comprehensive shuttle system to the various starting points and then back to the parking areas after the race.

42.2km & 21,1km Start Venues NO PARKING AT THE START VENUE Athletes can be dropped off at the start venue with a drop and go system only. NO PARKING ALLOWED

10km Start Venue NO PARKING AT THE START VENUE Full road closure at 07H00. Roads will only open after all athletes have cleared the route.

5km Start Venue NO PARKING AT THE START VENUE

FULL ROAD CLOSURE will prevent supporters from following the athletes along the route.

Safe parking with security guards will be provided at the Umzimkhulu Sport Grounds Runners residing outside Ixopo are to provide their own transport to designated shuttle services Full road closure at 06h15. Roads will only open after all athletes have cleared the route.

A shuttle service will then transport athletes to the 42.2km, 21.1km and 10km start venues. The shuttle service will be available from 04h30 and the last shuttle to the start venues will leave at 06h00

TIME LIMITS & CUT OFFS

The 42.2km race is run from 'gun to gun'. The cut-off times for various points will be confirmed in the Final Race Instructions. The HARRY GWALA DISTRICT MARATHON RACE reserves the right to alter these positions. Runners will be required to board a rescue bus and be transported to the finish venue should they not have reached the cut-off points within the specified time.

PRIZE GIVING WILL COMMENCE AT:

AWARDS & INFORMATION General Awards		Women	Prizes (42.2km) Men and	Government Employees – 10km Only Men and Women		
	warded to all official finishers who	35 -39 years	Position 1 R1000 Position 2 R800 Position 3 R500	Position	<u>Open</u>	
complete trie full (distance within 6-hour cut-off.		Position's R500	Position 1	R 2000	
		40 -49 years	Position 1 R1000	Position 2	R 1000	
42.2km		io io youro	Position 2 R800	Position 3	R 800	
				Position 4	R 700	
Medals			Position 3 R500	Position 5	R 600	
	Men and Women			Position 6	R 500	
Prize Money (42.	.2km Only)	50 - 59 years	Position 1 R1000			
			Position 2 R800	Position 7	R 400	
Position	Open		Position 3 R500	Position 8 Position 9	R 350 R 300	
Position 1	CAR + Voucher	60 years +	Position 1 R1000	Position 10	R 250	
Position 2	R30 000	oo youro 1	Position 2 R800			
Position 3	R10 000		Position 3 R500			
			FUSILION 3 NOU			
Position 4	R9 000	70	D 11 4 - D4000			
Position 5	R8 000	70 years +	Position 1 R1000			
Position 6	R7 000		Position 2 R800			
Position 7	R6 000		Position 3 R500	Councillors – 10	•	
Position 8	R 5 000			Men and Wome	n	
Position 9	R 4 000					
Position 10	R 3 000			<u>Position</u>	<u>Open</u>	
		Ago Catagony	Prizes (21.1km) Men and	Position 1	P 2000	
21.1km		Women	TILES (ZI.IKIII) IVIEII AIIO	Position 1 Position 2	R 2000 R 1000	
Medals				Position 3	R 800	
	Men and Women	25 20 40000	Position 1 PEOO			
	mon and fromen	35 -39 years	Position 1 R500	Position 4	R 700	
D: 14 (0.4	41		Position 2 R300	Position 5	R 600	
Prize Money (21.	1km only)			Position 6	R 500	
		40 -49 years	Position 1 R500	Position 7	R 400	
Position 1	R10 000	•	Position 2 R300	Position 8	R 350	
Position 2	R 7000			Position 9	R 300	
Position 3	R6000	50 - 59 years	Position 1 R500	Position 10	R 250	
Position 4	R5000	30 - 33 years	Position 2 R300	rosidon to	K 250	
Position 5	R4000		POSITION 2 ROOU			
			5 W . 5555			
Position 6	R3000	60 years +	Position 1 R500			
Position 7	R2000		Position 2 R300			
Position 8	R1000					
Position 9	R900	Juniors	Position 1 R500			
Position 10	R800		Position 2 R300			
			Position 3 R200	Harry Gwala District Athlete		
			r contorr o razoc	•	Gwala District athlete	
					an) to complete the event	
10km				•	•	
10km Prize Money (10	Km Only)		Prizes (10km) Men and	Race Instruction	re R5000. 00. (See Final ns for definition of Harry	
Docition	Onen	Women		Gwaia District R	Punner) (42.2 km only).	
Position	Open		Desition 4 DEOO			
		35 -39 years	Position 1 R500			
Position 1	P5 000	35 -39 years	Position 1 R300 Position 2 R300			
	R5 000	35 -39 years		Note: All prize	s includina prize money	
Position 2	R3 000	·	Position 2 R300		s including prize money,	
Position 2 Position 3	R3 000 R2 000	40 -49 years	Position 2 R300 Position 1 R500	trophies, and/or	special medals will only	
Position 2 Position 3	R3 000	40 -49 years	Position 2 R300	trophies, and/or be issued once	special medals will only a drug test results have	
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